**Counseling Resources**

**TEXANA Crisis Hotline**

1-800-633-5686

The Mental Health Crisis Hotline is staffed 24 hours a day, 365 days a year by a qualified mental health professional. If it is determined based on the phone call that a face-to-face screening is needed, a crisis screening will be arranged in the safest environment for the individual and the Texana Mobile Crisis Outreach Team (MCOT). MCOT staff provide face-to-face help to individuals who are at risk of harm to themselves or others. MCOT staff respond to calls in the community and collaborate closely with community partners such as law enforcement and emergency departments.

**TEXANA Behavioral Healthcare Clinic**

1460 Walnut St, Columbus,TX 78934

979-732-6204

Provides mental health outpatient services. Services provided include assessment, treatment, and supportive assistance to serious and persistent mentally ill adults and serious emotionally disturbed children and adolescents within Austin, Colorado, Fort Bend, Matagorda, Waller, and Wharton counties. Treatment is based in an outpatient setting with a goal of promoting stabilization and empowering individuals to increase their success in leading functional and productive lives within their communities, in the workplace, in the school, and in their homes.

**Tejas Health Care**

890 E Travis St, LaGrange,TX 78945

979-968-2000

Tejas Health Care's a behavioral health program provides patients with education, advocacy and services. All with the goal to improve emotional health and coping skills for persons facing life's challenges and by supporting the individual’s ability to lead a healthful life.

**Youth and Family Services**

1336 Fannin St, Columbus,TX 78934

979-732-8355 Crisis Hotline: 1-866-301-9498

Youth & Family Services (YFS) is a non-profit, tax exempt 501 C 3, community based provider. All services are offered at no charge or on a sliding scale fee All employees & volunteers at YFS have passed both a DPS & DFPS background check & must do so at least every 2 years. YFS is not Children's Protective Services (CPS) nor do we perform any of the functions of CPS, such as removing children from their homes. In fact just the opposite is true...the goal of YFS is to preserve & strengthen the family unit. Our staff are Family Support Specialists (FSS) who primarily provide one on one sessions with youth as well as their family members in order to help navigate each member to a healthy state of being. The youth and families we serve are provided with resources & linkages in the community that will meet the needs of each family member.

**Texas Child Health Access Through Telemedicine (TCHATT)**

Weimar Independent School District

Contact campus counselor or principal for a referral. TCHATT provides telemedicine or telehealth programs to school districts to help identify and assess the behavioral health needs of children and adolescents and provide access to mental health services. TCHATT provides short-term school-based access to telemedicine and telehealth visits with a mental health professional for children and youth identified by school personnel. The role of TCHATT is to provide initial intervention and assessment of students and referral if needed. With TCHATT, school personnel can consult with mental health providers including psychiatrists, psychologists, and licensed clinical social workers. With an early intervention component, TCHATT offers psychoeducation for students, families, and school personnel.

**Children’s Advocacy Center**

59 TX 150 Loop, Bastrop, Texas 78602

512-321-6161 info@CACBastrop.org

The Children’s Advocacy Center, serving Bastrop, Lee and Fayette Counties exists to provide a coordinated, family-focused approach to the crisis of child abuse in our community. We strive to reduce trauma, seek justice, foster healing and cultivate empowerment for children and families.

**Ingram Counseling and Wellness, PLLC**

**Jessica Ingram, LPC**

2540 HWY 71 S, Columbus,TX 78934

512-752-3964

**Tracy Mach, LPC**

116 S Main St, La Grange,TX 78945

979-966-0711

**Gratia Plena Counseling at Columbus Medical Clinic**

2122 HWY 71 South, Columbus, TX 78934

979.732.2318

**Guiding Hearts**

**Lakeisha Brown-Moore, LCSW Psychotherapist**

411 Anderson St, Schulenburg, TX 78956

512.308.7929

**Turning Leaf Counseling and Education Center**

403 E Hillje St, El Campo, TX 77437

979.253.3849

**Vine and Bloom Counseling**

707 1/2 N Ave E, Shiner, TX 77984

361.401.0777